

Sherry B. Hanson Biography

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BIO SKETCH

Sherry Hanson is an honors graduate of the University of Connecticut and has published hundreds of articles and essays in magazines, newspapers, newsletters, and online publications. Sherry has written for the Military Officers Association of America, many magazines and websites including *Arthritis Today*, *Islands*, *GRAND*, *Casey Research*, *Master's Athlete*, *Master's Cycling*, *American Fitness*, *Onfitness*, *Elks*, *Artilleryman*, *History*, *Her Sports*, *AMC Outdoors*, *Antiques & Collecting* and for State Farm Insurance Company, the Maine Tourism Bureau, Volunteers of America and Habitat for Humanity. Sherry served in 2001 as a Health Correspondent for *drkoop.com*. She wrote the Midcoast Maine chapter for Fodor's 2005 and 2008 *Maine Coast Guides* and contributed to the new Fodor's *New England 2008* guide.

Her specialties include health, wellness, fitness and the outdoors, but she has also covered just about any topic that catches her interest. Recent subjects include Fiji Islands pottery, Hiking Monhegan Island, Labradors ingesting unedible things, the Rodman Cannon, Touring Manassas Battlefield, Houseplants 101, Telephone Talk with Toddlers, Armor for Horses, and Speaking to Groups without Fear.

In addition to a short story in *Family Circle Magazine*, she has published more than 100 poems and is the author of *A Cab to Stonehenge*, a collection of poetry spanning twenty years. She has given many readings, including the Potpourri Annual Awards in Kansas City, Missouri, and in Maine, Blaine House governor's mansion, the University of Southern Maine, Brunswick Area Arts and Cultural Alliance, Lincoln Arts Festival, Longfellow Days in Brunswick, Local 188 in Portland, Café Crème in Bath, WRFR-LP in Rockland and Maine Media Women.

Sherry teaches others how to get published and how to freelance by leading workshops and classes for several community adult education programs. She has taught public speaking for the Design Group at Bath Iron Works, RNs at Mid Coast Hospital and Bath Adult Education, Bath, Maine. She enjoys walking, hiking, inline skating, biking, kayaking, skiing, and archery. She is married and has two grown sons, two daughters-in-law and three grandchildren.